

04/01/2023 – Meet Schedule

10:00 AM	3000m · Final	Mixed	Multiple
10:00 AM	8U Long Jump · Final	Women	Multiple
10:00 AM	11-Masters Discus Throw · Final	Women	Multiple
10:00 AM	15+ Javelin Throw · Final	Men	Multiple
10:00 AM	Masters-U6 Javelin Throw · Final	Men	Multiple
10:00 AM	13+ Javelin Throw · Final	Women	Multiple
10:30 AM	200m Hurdles · Final	Men	Multiple
10:30 AM	8U Long Jump · Final	Men	Multiple
10:30 AM	11-12 Javelin Throw (450g) · Final	Girls	11-12 years
10:31 AM	13-14 Javelin Throw · Final	Men	Multiple
10:45 AM	400m Hurdles · Final	Men	Multiple
11:00 AM	400m · Final	Girls	0-6 years
11:00 AM	11-12 Long Jump · Final	Girls	11-12 years

11:00 AM	11-12 Javelin Throw · Final	Men	Multiple
11:00 AM	10U Javelin Throw · Final	Women	Multiple
11:01 AM	400m · Final	Boys	0-6 years
11:05 AM	400m · Final	Girls	7-8 years
11:06 AM	400m · Final	Boys	7-8 years
11:10 AM	400m · Final	Girls	9-10 years
11:20 AM	400m · Final	Boys	9-10 years
11:30 AM	400m · Final	Girls	11-12 years
11:40 AM	400m · Final	Boys	11-12 years
11:50 AM	400m · Final	Girls	13-14 years
12:00 PM	400m · Final	Boys	13-14 years
12:00 PM	9-10 Long Jump · Final	Girls	9-10 years
12:00 PM	9-10 Javelin Throw · Final	Men	Multiple
12:10 PM	400m · Final	Girls	15-16 years

12:15 PM	400m · Final	Boys	15-16 years
12:20 PM	17+ 400m · Final	Women	Multiple
12:25 PM	17+ 400m · Final	Men	Multiple
12:30 PM	12U 1500m · Final	Women	Multiple
12:30 PM	9-10 Long Jump · Final	Boys	9-10 years
12:40 PM	12U 1500m · Final	Men	Multiple
12:45 PM	13+ 1500m · Final	Women	Multiple
12:55 PM	13+ 1500m · Final	Men	Multiple
12:59 PM	9-Masters High Jump · Final	Men	Multiple
12:59 PM	9-Masters High Jump · Final	Women	Multiple
12:59 PM	7-Masters Shot Put · Final	Men	Multiple
12:59 PM	7-Masters Shot Put · Final	Women	Multiple
1:00 PM	8U Javelin Throw · Final	Men	Multiple
1:05 PM	8U 100m · Final	Women	Multiple

1:10 PM	100m · Final	Boys	0-6 years
1:10 PM	100m · Final	Boys	7-8 years
1:20 PM	100m · Final	Girls	9-10 years
1:27 PM	100m · Final	Boys	9-10 years
1:30 PM	11-12 Long Jump · Final	Boys	11-12 years
1:34 PM	100m · Final	Girls	11-12 years
1:41 PM	100m · Final	Boys	11-12 years
1:48 PM	100m · Final	Girls	13-14 years
1:55 PM	100m · Final	Boys	13-14 years
2:00 PM	100m · Final	Girls	15-16 years
2:00 PM	11-Masters Discus Throw · Final	Men	Multiple
2:02 PM	100m · Final	Boys	15-16 years
2:03 PM	17+ 100m · Final	Men	Multiple
2:04 PM	17+ 100m · Final	Women	Multiple

2:10 PM	8U 800m · Final	Women	Multiple
2:15 PM	800m · Final	Boys	7-8 years
2:20 PM	800m · Final	Girls	9-10 years
2:25 PM	800m · Final	Boys	9-10 years
2:30 PM	800m · Final	Girls	11-12 years
2:30 PM	13-14 Long Jump · Final	Girls	13-14 years
2:35 PM	800m · Final	Boys	11-12 years
2:45 PM	800m · Final	Boys	13-14 years
2:50 PM	13+ 800m · Final	Women	Multiple
2:55 PM	15+ 800m · Final	Men	Multiple
3:00 PM	110m Hurdles · Final	Men	Multiple
3:00 PM	13-14 Long Jump · Final	Boys	13-14 years
3:05 PM	100m Hurdles (33in) · Final	Boys	13-14 years
3:10 PM	100m Hurdles · Final	Women	Multiple

3:20 PM	80m Hurdles (30in) · Final	Girls	11-12 years
3:25 PM	80m Hurdles (30in) · Final	Boys	11-12 years
3:30 PM	15+ Long Jump · Final	Men	Multiple
3:30 PM	15+ Long Jump · Final	Women	Multiple
3:40 PM	200m · Final	Girls	0-6 years
3:45 PM	200m · Final	Boys	0-6 years
3:55 PM	200m · Final	Girls	7-8 years
4:00 PM	200m · Final	Boys	7-8 years
4:10 PM	200m · Final	Girls	9-10 years
4:20 PM	200m · Final	Boys	9-10 years
4:30 PM	200m · Final	Girls	11-12 years
4:40 PM	200m · Final	Boys	11-12 years
4:50 PM	200m · Final	Girls	13-14 years
4:55 PM	200m · Final	Boys	13-14 years

5:00 PM	200m · Final	Girls	15-16 years
5:05 PM	200m · Final	Boys	15-16 years
5:10 PM	17+ 200m · Final	Women	Multiple
5:15 PM	200m · Final	Men	17-18 years