

The 2023 Galleria Games

Saturday, December 16th, 2023

Birmingham, AL CrossPlex

Hosted by Hoover HS Track Booster Club

Facility & Admission 6 lane hydraulic banked track. 8 lane straightaway. Timing will be FAT. Admission will be \$10 for adults and \$5 for 65 & older. Students and children are free. Tickets can be purchased at gofan.co (<https://gofan.co/app/school/AL1076>) Cash will be accepted also.

Equipment Starting Blocks and shots will be provided—leave yours at home.
You may bring your own weight throw implements. We will have one available if needed.

Entries & Registration 12 & under may enter up to 3 events. 13 & over may enter 4 events.
Registration will be online at coachO.com. Go to the meet calendar and find this meet.

Entry Fee Entry will be \$30/athlete. Pentathlon will be \$50/athlete.
All payments should be made on-line at the time of registration.

Entry Deadline **Thursday, December 14th, 11:59 pm CST.** No entries will be taken after that time!

Sanctioning This meet will be USATF sanctioned.

Age Groups 8 & under; 9-10; 11-12; 13-14; 15-16; 17-18; 19 & over

Clerking / Scratches There will be no additions at the meet. **Athletes will report to the starting line or clerking area when called.** There will be no bib numbers.

Awards There will be no team scores or team awards. Medals will be awarded to the top 5 individuals/event/division. **19 & over will not receive any awards.**

Prelims There will be prelims in 17/18 hurdles and 17/18 dash. All other events are finals on time.

Field Events Each jumper/thrower will have 3 attempts with no finals. All attempts will be measured.

Age group events	8 & under	9-10	11-12
60 dash	60 dash	60 dash	60 dash
200	200	60 hurdles	60 hurdles
400	400	200	200
800	800	400	400
LJ	LJ	800	800
SP	SP	LJ	LJ
		SP	SP

13-14	15-16, 17-18	19 & over
60 hurdles (30" & 33")	60 hurdles (33" & 39")	60 hurdles
60 dash	60 dash	60 dash
200	200	200
400	400	400
800	800	800
pentathlon	800	pentathlon
LJ	pentathlon	LJ
SP	LJ	SP
HJ	SP	HJ
TJ	HJ	TJ
PV	TJ	PV
	PV	WT
	WT	

Contact Meet Director: Devon Hind (Cell)205-807-9144 coachdevonhind@gmail.com

Schedule of Events

Pentathlon (All age groups will compete at the same time beginning in the morning)

8:30ish Hurdles to begin after the morning session 800 (warm ups available after 7:00)

Women high jump after the morning session dashes

Men high jump after the mid-day session dashes

Long jump and shot put will work in when venues are available

800 and 1000 will race approximately 30 minutes after field events conclude

women's order of events—hurdles, HJ, SP, LJ, 800

men's order of events—hurdles, LJ, SP, HJ, 1000

Morning session (8 & under, 9/10, 11/12) 8:00-12:40—estimated (Doors open at 7:00)

8:00 800

8:29 60 hurdles--11/12 and pentathlon

8:40 60 dash

9:33 400

11:05 200

12:40 Finish

8:00 Long jump (11-12, 9-10, 8 & under) Girls on one pit, boys on another pit

8:00 Shot put (8 & under, 9-10, 11-12) Girls first, then boys

Mid-day session (13/14, 15/16) 10:30 (field) 12:40 (racing) until 6:20

12:40 60 hurdles

12:56 60 dash

2:05 400

4:00 200

5:40 800

6:20 Finish

10:30 Shot put 13/14, 15/16, girls first then boys, 15/16 weight throw to follow

11:00 Pole vault 13/14, 15/16 compete at same time (boys and girls pits-separate pits)
Opening heights--6'6" girls; 8' boys

11:30 Long jump 13/14, 15/16, boys and girls on separate pits at same time
Triple jump to immediately follow long jump completion

11:30 High Jump--girls first, then boys on a pit that may be outside the oval

Late afternoon session (17/18, 19 & over) 1:30 (field) 6:25 racing to 10:30

(19 & over will compete first in all running events)

6:25 60 hurdles (prelims for 17/18 only—top 16 to the finals)
6:37 60 dash (prelims for 17/18 only—top 16 to the finals)
7:25 400
8:32 60 hurdles finals (17/18 only)
60 dash finals (17/18 only)
8:50 800
9:15 200
10:30 Finish

1:30 Shot put--girls first, then boys; followed immediately by Weight Throw
2:30 High Jump--girls first, then boys on a pit that may be outside the oval
2:30 Pole Vault--(boys and girls pits-separate pits) Opening heights--8' girls; 10' boys
3:30 Long jump--boys and girls on separate pits; Triple jump immediately follows

Additional IMPORTANT information:

**¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼” spikes will be available for purchase for \$5 per pair of shoes at the spike check-in area.

Only athletes/coaches are allowed in the warm-up area. **No team camps in the warm-up area.

**We will have 2 pole vault pits & 2 long/triple jump pits going at the same time.

**Concessions & T-shirts will be available for purchase.

****Parking is now \$10 at The CrossPlex for this event. The City of B’ham collects this parking fee.** They will accept credit cards, debit cards, checks and mobile payments such as Apple Pay, Samsung Pay and Google Pay. They will work to accommodate other forms of payment if necessary when possible. Parking in the shopping center lot and walking to The CrossPlex will get your car towed.

**Admission to the Crossplex is \$10 per adult; \$5 for 65 & over; students free

**Coaches can get in free with a valid coaching card (AAU, USATF or School coaching cards accepted)

****This is not an AHSAA sanctioned event. Alabama MS & HS athletes may compete unattached without penalty according to AHSAA rules. (2 non-sanctioned events allowed per season with permission from your coach) In-state & Out-of-state Track Clubs are allowed to participate.**

**LOCATION: The CrossPlex is located in Birmingham, Alabama at 2331 Bessemer Road, 35208
Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.**

Coach’s bands will only be given to those coaches with AAU, USATF or school coaching cards. Coaches MUST be able to show proof of this by showing their card or having their coaching identification on their phone. Please come prepared for this.