

2019 AGR MEET SCHEDULE - FINAL

START TIMES ARE APPROXIMATE

DAY ONE—SATURDAY	
9:00 a.m.	400m/200m hurdles Timed final Open Masters 18U
	1500m run Timed final 18U Open Masters
11:30 a.m.	400m dash Preliminaries 18U only
	Distance medley relay (1200, 400, 800, 1600) Timed final 18U Open Masters
1:30 p.m.	100m dash Preliminaries 18U Open Masters
	800m run Timed final 18U Open Masters
4:00 p.m.	200m dash Preliminaries 18U Open Masters
	4x100m relay Timed final 18U Open Masters

DAY TWO—SUNDAY	
9:00 a.m.	2000m run Timed final 10U only
	3000m run Timed final 18U Open Masters
	Sprint hurdles Timed final Open Masters 18U
11:00 a.m.	4x200m relay Timed final 18U Open Masters
11:30 a.m.	400m dash—Showcase* Top 8 seed times (w)
	400m dash—final 18U Open Masters
12:30 p.m.	100m dash—Showcase* Top 8 times from prelims
	100m dash—final 18U Open Masters
	1600m Swedish medley (200, 200, 400, 800) Timed final 18U Open Masters
2:00 p.m.	200m dash—Showcase* Top 8 times from prelims
	200m dash—final 18U Open Masters
3:00 p.m.	4x100m relay—Showcase* Top 8 seed times
	4x400m relay Timed final 18U Open Masters

*Showcases:

100m showcase —all age groups must compete in Saturday's prelims. Top 8 prelim times will be moved to a single 8-lane heat (not based on age) to compete in Sunday's showcase.

200m showcase —all age groups must compete in Saturday's prelims. Top 8 prelim times will be moved to a single 8-lane heat (not based on age) to compete in Sunday's showcase.

400m showcase—no Saturday prelims. Top 8 seed times for female athletes compete on Sunday. There is no 400m showcase for male athletes.

4x100m showcase—no Saturday prelims. Top 8 seed times compete on Sunday.

**MAY 25-26, 2019
WESTLAKE HS
ATLANTA, GA**



2019 AGR MEET SCHEDULE - FINAL

DAY ONE—SATURDAY	
9:30 a.m.	Long jump (2 pits) 11-12 9-10 8U
10:00 a.m.	Shot put 13-14 15-16 17-18 8U 9-10 11-12 Open Masters
10:00 a.m.	Javelin throw 8U 9-10 11-12 13-14 15-16 17-18 Open Masters
2:30 p.m.	Triple jump (girls/ women only) 13-14 15-16 17-18 Open Masters

DAY TWO –SUNDAY	
9:30 a.m.	Long jump (2 pits) Masters Open 17-18 15-16 13-14
10:00 a.m.	Discus throw 11-12 13-14 15-16 17-18 Open Masters
10:00 a.m.	High jump 9-10 11-12 13-14 17-18 15-16 Open Masters
2:30 p.m.	Triple jump (boys/men only) Masters Open 17-18 15-16 13-14

**MAY 25-26, 2019
WESTLAKE HS
ATLANTA, GA**

