

TO
Coaches, Club
Administrators, Unattached
Athletes

FROM
General Manager
operations@tracklab.events

CC
Event Crew, Head Timer,
Facility Manager

DATE
April 8, 2022

SUBJECT
Hurdle Grind @ New
Manchester HS x April 9,
2022 – Final Meet
Information

The Hurdle Grind is Saturday April 9, 2022. Registration has closed, and there is no same-day, on-site registration. Event changes for registered athletes are limited to races 800m and up and field events.

To attend the hurdle clinic, sprint hurdlers and their coaches should check in with Dexter McCloud at 8:00 AM, centerfield, for warm up drills, and return to the area post-race for cool down and feedback. Same arrangement for the 200m/400m hurdles in the afternoon. Non-competing hurdlers may also attend. Come on down!

The meet venue is New Manchester HS, 4925 Hwy 92, Douglasville, GA 30135.

On Saturday, stadium gates open at 7:00 AM. TJ and LJ begin at 8:30 AM, and the 3000m run begins at 9:00 AM. ~~To enter the stadium, everyone, including athletes, crew, coaches and spectators, may be required to show proof of COVID vaccination, or a negative test within 72 hours of the meet.~~ There is free parking in front of the stadium. Please do not park behind the stadium as that area is reserved for Crew and Clerking. Tents are permitted in stadium bleachers along the top row on the home side, and anywhere along the visitor side.

All athletes must wear a bib when competing. Bib packets are available at the stadium ticket booth all day. Club coaches and club administrators can pick up team bib packets; individual bibs will not be distributed from team packets. Unattached athletes can pick up their individual bib packets.

Athletes are not required to wear uniforms, and they **may compete in anything that keeps them warm** including leggings, warm-ups, hats, gloves, scarves, etc. All we ask is that the **hip number be affixed to the outermost garment.**

There is a \$5.00 spectator fee that can be paid in cash or \$5.50 if using Cash App \$tracklab or debit or credit card. No fee for ages 5U or 65+. Clubs receive a limited number of VIP bands that allow access to centerfield and other competition venues. VIP bands are distributed based on the number of club entries: 3-9: 1 band; 10-19: 2 bands; 20-29: 3 bands; 30-39: 4 bands; 40+ 5 bands. Additional VIP bands may be purchased by coaches for \$5.00 each at the stadium ticket booth.

Tracklab provides batons, starting blocks and youth implements, except poles. Each event is called twice by age group - one first call and one final call. Live results will be available during the meet at www.tracklab.events/home. Medals are awarded to the top 3 finishers per event and by age group even if the event was combined during competition. Please allow 30 minutes after the completion of the event before requesting medals. 15U medals must be picked up by coaches, parents or club administrators.

Competition age is determined by the athlete's age as of December 31, 2022. The competition age groups are 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19-29, 30-34, 35-39, 40-44, 45-49, etc.

For running events, athletes should report to Clerking on the first call for their age division; reporting to Clerking before their age group creates congestion in Clerking. Only athletes are permitted in Clerking unless escorting 10U athletes. Older athletes should report without an escort. **Athletes must remain in Clerking until escorted to the start line by Tracklab.** Clerking for all running events is located across from the field house, track level. Please do not remove athletes from area, not even for warm up. Athletes who skip Clerking or miss the escort may forfeit their lane (even if coming from a field event).

For field events, athletes should check in at that field venue when their age group is called. Athletes are permitted 3 jumps and 3 throws. **Coaches must manage their athletes entered in conflicting running and field events.** Field events will not be suspended during running events, and after a running event the athletes must promptly return to the field event in progress or risk forfeiture. The high jump bar is not lowered for returning athletes. No guarantee an age group or field event will not conclude while athletes are away.

Coaches may remain centerfield during competition if wearing a VIP band, and if not interfering with the operation of the meet. **Please help us keep parents and non-competing athletes out of the infield.**

For more information, please jog over to www.tracklab.events.

