

Order of Events

3:00 pm - Packet Pick-up

3:15 pm - Coaches Meeting

3:45 pm - Field Events - 4 attempts per athlete

Girls Discus / Boys (11-12, 13-14, 15-16, 17-18)

Boys Shot Put / Girls (8U, 9-10, 11-12, 13-14, 15-16, 17-18)

Girls Pole Vault / Boys (13-14, 15-16, 17-18)

Boys Long Jump / Girls (17-18, 15-16, 13-14, 11-12, 9-10, 8U)

Girls Triple Jump / Boys (13-14, 15-16, 17-18)

Boys High Jump / Girls (9-10, 11-12, 13-14, 15-16, 17-18)

Boys Turbo-Javelin / Girls (8U, 9-10, 11-12)

Boys Javelin / Girls (13-14, 15-16, 17-18)

5:30 pm - Rolling start for all remaining events. Girls first, Boys follow.

4 x 100 Relay

1500 RW

110/100/80m Hurdles

100

Distance Medley Relay

400

50m Dash

200/400m Hurdles

1500m Run

Shuttle Hurdle Relay

800m Run

200m Dash

3000M Run

4 x 400 Relay

Contact: Coach L (Leticia Beverly) • coachl@eastcobbcheetahs.org