



TENTATIVE SCHEDULE – JUNE 12, 2024

2024 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

MULTI-EVENTS CHAMPIONSHIP DAY 1

Thursday, June 27, 2024

TIME	EVENT	DIVISION	RACE	ROUND
9:00 AM	DECATHLON	15-16 BOYS	100M, LJ, SP, HJ, 400M	DAY 1
	DECATHLON	17-18 MEN	100M, LJ, SP, HJ, 400M	DAY 1
9:15 AM	HEPTATHLON	15-16 GIRLS	100M HURDLES, HJ, SP, 200M	DAY 1
	HEPTATHLON	17-18 WOMEN	100M HURDLES, HJ, SP, 200M	DAY 1
9:30 AM	TRIATHLON	9-10 GIRLS	HJ, SP, 200M	F
9:45 AM	TRIATHLON	9-10 BOYS	HJ, SP, 400M	F

MULTI-EVENTS CHAMPIONSHIP DAY 2

Friday, June 28, 2024

TIME	EVENT	DIVISION	RACE	ROUND
8:00 AM	DECATHLON	15-16 BOYS	110M HURDLES, D, PV, JAV, 1500M	DAY 2
	DECATHLON	17-18 MEN	110M HURDLES, D, PV, JAV, 1500M	DAY 2
	HEPTATHLON	15-16 GIRLS	LJ, JAV, 800M	DAY 2
	HEPTATHLON	17-18 GIRLS	LJ, JAV, 800M	DAY 2
8:30 AM	PENTATHLON	13-14 GIRLS	100M HURDLES, SP, HJ, LJ, 800M	F
8:45 AM	PENTATHLON	13-14 BOYS	100M HURDLES, HJ, SP, LJ, 1500M	F
9:15 AM	PENTATHLON	11-12 GIRLS	80M HURDLES, SP, LJ, HJ, 800M	F
9:30 AM	PENTATHLON	11-12 BOYS	80M HURDLES, SP, HJ, LJ, 1500M	F

All events will be run in the order listed above. If there are changes, the revised event schedule will be given after the end of the Multi Athlete last event.

- The 15-16B and 17-18B Pole Vaulters starting height will be 8' and 8'6" respectively.
- All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.



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The order of events will be followed as closely as possible. Please arrive at the track and be ready to compete when your event is called. Please remember that the meet will be run on a **Timed Schedule**, and you should carefully plan for any potential conflict with each event. Meet management will not be held responsible for athletes missing their events.

RUNNING EVENTS

Thursday, June 27, 2024

TIME	EVENT	DIVISION	ROUND
8:00 AM	STEEPLECHASE	15-16 GIRLS/BOYS	F
8:00 AM	STEEPLECHASE	17-18 MEN/WOMEN	F
9:45 AM	3000M RACE WALK	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
10:15 AM	1500M RACE WALK	9, 10, 11, 12 GIRLS/BOYS	F
2:30 PM	200M HURDLES	13-14 GIRLS/BOYS	F
3:00 PM	400M HURDLES	15-16, 17-18 GIRLS/YOUNG WOMEN	TF
	400M HURDLES	15-16, 17-18 BOYS/YOUNG MEN	TF
4:30 PM	4X800 RELAY	11-12, 13-14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F

FIELD EVENTS

	TURBO JAVELIN	DISCUS	SHOT PUT
9:00 AM	8 & UNDER GIRLS & BOYS	11 GIRLS	13 BOYS
10:30 AM	9 GIRLS, 9 BOYS	12 GIRLS	14 BOYS
12:00 PM	10 GIRLS, 10 BOYS	13 GIRLS	15-16 BOYS
1:30 PM	11 GIRLS, 11 BOYS	14 GIRLS	17-18 MEN
2:30 PM	12 GIRLS, 12 BOYS	15-16 GIRLS	
3:30 PM		17-18 WOMEN	



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Friday, June 28, 2024

RUNNING EVENT

TIME	EVENT	DIVISION	ROUND
10:30 AM	3000M RUN	11, 12, 13, 14, 15, 16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
2:30 PM	4X100M RELAY	ALL DIVISIONS	TF
3:15 PM	200M DASH	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	SF
5:00 PM	400M DASH	13, 14, 15, 16 GIRLS/BOYS, 17-18 WOMEN/MEN	TF

FIELD EVENT

	LONG JUMP		JAVELIN	DISCUS
	PIT A	PIT B		
10:00 AM			13 GIRLS	11 BOYS
11:00 AM			14 GIRLS	12 BOYS
12:30 PM	8&U GIRLS	8&U BOYS	15-16 GIRLS	13 BOYS
1:30 PM				14 BOYS
2:00PM	9 GIRLS	9 BOYS	17-18 WOMEN	
2:30 PM				15-16 BOYS
3:30 PM	10 GIRLS	10 BOYS		17-18 MEN



TENTATIVE SCHEDULE – POSTED JUNE 12, 2024

2024 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

Saturday, June 29, 2024

RUNNING EVENTS

TIME	EVENT	DIVISION	ROUND
8:00 AM	1500M RUN	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	F
9:00 AM	100M DASH	ALL DIVISIONS	SF
11:30 AM	800M RUN	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
12:30 PM	80M HURDLES	11, 12 GIRLS/BOYS	SF
12:45 PM	100M HURDLES	13, 14, GIRLS/BOYS, 15-16 GIRLS, 17-18 WOMEN	SF
1:15 PM	110M HURDLES	15-16 BOYS, 17-18 MEN	SF
1:45 PM	400M RUN	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	TF
4:00 PM	200M DASH	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	SF

FIELD EVENTS

	LONG JUMP		SHOT PUT	HIGH JUMP	JAVELIN
	PIT A	PIT B			
8:30 AM	17-18 WOMEN	17-18 MEN	12 BOYS	11-12 GIRLS	13 BOYS
9:30 AM			11 BOYS		14 BOYS
10:30 AM			10 BOYS	9-10 GIRLS	15-16 BOYS
10:45 AM	15-16 GIRLS	15-16 BOYS			
11:30 AM			9 BOYS		17-18 MEN
12:30 PM	14 GIRLS	14 BOYS	8 & UNDER BOYS	15-16 GIRLS	
1:30 PM					
2:15 PM	13 GIRLS	13 BOYS	15-16 GIRLS	17-18 WOMEN	
3:45 PM	12 GIRLS	12 BOYS	17-18 WOMEN	13-14 GIRLS	
5:00 PM	11 GIRLS	11 BOYS			

POLE VAULT

12:00 PM	13, 14, 15-16 GIRLS, 17-18 WOMEN
2:00 PM	13, 14, 15-16 BOYS, 17-18 MEN



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2024 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

Sunday, June 30, 2024

RUNNING EVENTS

TIME	EVENT	DIVISION	ROUND
8:00 AM	1500M RUN	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
9:00 AM	100M	ALL DIVISIONS	F
9:45 AM	800M	8 & UNDER, 9, 10, 11, 12 GIRLS BOYS	F
10:45 AM	80M HURDLES	11, 12 GIRLS/BOYS	F
11:00 AM	100M HURDLES	13-14 GIRLS/BOYS, 15-16 GIRLS, 17-18 WOMEN	F
11:30 AM	110M HURDLES	15-16 BOYS, 17-18 MEN	F
12:00 PM	200M	ALL DIVISIONS	F
1:15 PM	4 X 400M RELAY	9-10, 11-12, 13-14 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F

FIELD EVENTS

TIME	HIGH JUMP	SHOT PUT	TRIPLE JUMP
9:00 AM	9, 10 BOYS	8 & UNDER GIRLS	13, 14, 15-16 GIRLS, 17-18 WOMEN
10:00 AM		9, 10 GIRLS	
10:30 AM	11 BOYS		13, 14, 15-16 BOYS, 17-18 MEN
11:00 AM		11 GIRLS	
11:30 AM	12 BOYS		
12:00 PM		12 GIRLS	
12:30 PM	13-14 BOYS		
1:00 PM		13 GIRLS	
1:30 PM	15-16 BOYS		
2:00 PM		14 GIRLS	
2:30 PM	17-18 MEN		