



CLEMSON TRACK & FIELD INVITATIONAL January 14, 2024

Location: Clemson University, 359 Track Drive, Clemson, SC 29631

Licensed by: Amateur Athletic Union (AAU)

Host: Coach O Event Management – Yolanda Freeman, Meet Director, coacho.officials@gmail.com

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club Memberships can be obtained through the AAU National Website www.ausports.org. Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events including relays**. *If an athlete is entered into too any events, meet management reserves the right to reject the athlete from one or more events without notification.*

Age Division:

Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.
13 Year Old Girls/Boys (Born 2011) Maximum 4 Events including relays
14 Year Old Girls/Boys (Born 2010) Maximum 4 Events including relays
15-16 Year Old Girls/Boys (Born 2008-2009) Maximum 4 Events including relays
17-18 Year Old Girls/Boys (Born 2006-2007) Maximum 4 Events including relays

***Athletes who are still eighteen (18) years of age through the final day (January 14th) of the CLEMSON INVITATIONAL shall be eligible to compete in the 17-18 year old division.**

Meet Entry Fee: Limited to the first 550 paid participants

Early Bird Entry fee is \$40.00 for each athlete (13-18) until January 8th and will be **\$50.00 for Track & Field Events until the Deadline January 11th**. All members of relay teams, including alternates, who have not entered an individual event, pay a Early Bird fee of \$40.00 until January 8th and \$50.00 until the Deadline January 11th.

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE. Entry will not be Processed unless entry fee is paid by the deadline. All major credit cards accepted online.

Entry Process:

All teams and unattached athletes must utilize the online entry process via CoachO.com. This will permit a very efficient registration process that is easy to use. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Clemson, SC if possible.

Deadline Date Entry deadline January 11, 2024 at 12:00am EST

Packet Pickup:

Saturday, January 13, 2024, 4:00PM – 6:00PM – Clemson University, 359 Track Drive, Clemson, SC 29631 at the Spike Check Tent

A packet will be provided for each team consisting of team roster. A team representative will be responsible for picking up the packets. All teams are urged to pick up packets on Saturday as the lines on Sunday can be long. **Packets can be picked up at the track facility on Sunday, January 15th, from 7:00AM-12:00PM at the **Spike Check Tent****

Admission:

\$12 per person. SPECTATORS ARE LIMITED TO 1000 FOLLOW THE LINK PROVIDED TO PURCHASE TICKETS

(Children 4 and under will be admitted free) Athletes must show bib number to enter free.

All coaches will receive **one free pass for 4 athletes**, **two free passes for 5 to 15 athletes** and **three free passes for 16 or more athletes** in their packet. Extra Coaches Passes will also be sold online for \$10

ALL TICKETS MUST BE PURCHASED ONLINE

Implements:

- **NO SHARING IMPLEMENTS OR RELAY BATONS.**
- You must bring your own implements and relay batons to compete. There will not be any house implements or relay batons to share.
- The weigh-in area is on the Southside doors by the throws area
- **All implements must be weighed in and approved 2 hours before event check in.**

Awards Area

In individual and relay events, medals will be presented for participants who finish 1st – 3rd place. Competitors will come pick up their medals at the designated area.

Results:

Results will be posted online at www.coacho.com

Competitor Bib Numbers:

- All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the clerking area.

Protests:

- Protests concerning the status or eligibility of any competitor must be made to the AAU Track & Field Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case, not more than 30 minutes after the result has been announced. Protests MUST be filed in writing and presented to the Meet Director accompanied by a cash deposit of \$100.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

Team Tents

- All teams may rent 20x40 tent with heaters for the meet.
 - Please contact Yolanda two weeks before the meet to ensure availability at coacho.officials@gmail.com
- **Team Tents may NOT be placed on the infield of the outdoor track**
- There will be no team camps allowed in the indoor track.
- Team meals need to be delivered to team tent at the outdoor track – **359 Track Drive, Clemson, SC 29631**

Restroom Facilities Porta-Potty's will be located at the Outdoor Track.

Facility:

**Only athletes/coaches are allowed in the warm-up area. No team camps in warm-up area.

**We will have 1 pole vault pits, 2 long jump pits & 2 high jump pits going at the same time.

**Concessions & T-shirts will be available for purchase.

**Fully Automatic Timing & results will be done using Finish Lynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

Practice Times:

Saturday, January 14th from 4:00 – 6:00pm Indoor Track

Bus/Team Parking:

Parking for team busses and vans will be in the Jervey parking lot. Drop off only at indoor track – no sitting and waiting.

Warm-up Procedure:

All warm up will need to take place on the Outdoor Track.

Medical Facilities:

An Athletic Trainer will be on duty.

Dressing Room/Shower Facilities:

There are no dressing room/shower facilities available to teams

Running Events:

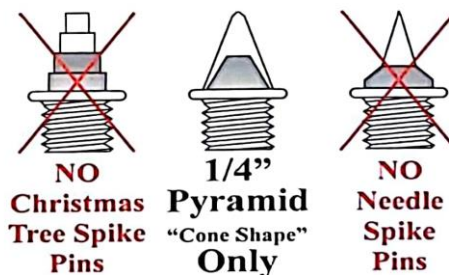
- There will be Prelims in the 60m Hurdles and the 60m Dash
- Preferred lanes: (Straightway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1
- All other running events will be run in sections based on time.
- Heats will be seeded according to submitted times
- The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

Pole Vault Drop Off:

- Poles can be dropped off after event check in.

Spike Information

- Athletes will NOT compete if they do not comply with these rules:
 - Please pay close attention to what is the correct spike size
 - 1/4" Pyramid Spikes ONLY – this will be strictly enforced
 - No permanent spike shoes allowed.
 - All spikes must be checked and zip tied at the Spike Check-In tent and at check in for your event.
 - Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area
 - Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for the future.



Athlete Check In:

- Athletes must check in at least 30 minutes prior to the event
- Athletes not checked in by this time will be scratched from the event
- Athletes must be in the clerking area 15 minutes prior to the schedule start time where they will be escorted into the Indoor Track.
- Once inside, athletes will be taken to the Final Check in area where they will be able to take off their warm ups and change into their spikes.
- Athletes are required to leave the competition area after the conclusion of their heat.

Field Athlete Check In:

- Field Athletes must check in outside 1 hour prior to the event
- Pole Vault must check in outside 1 hour ½ prior to the event
- Athletes not checked in by this time will be scratched from the event
- Athletes will then be given a report back time where they then will be escorted to their competition area
- Athletes are required to leave the competition area after the at the conclusion of their event.

Coaches

- Coaches will be able to coach from any area on the outside of the track. There will be coach box for long Jump on the Infield.
- One coach per affiliation will be allowed in the coach's box.

Hotels

Hampton Inn by Hilton Anderson, 120 Interstate Blvd, Anderson, SC 29621

Reservation number: 864-375-1999 ext "0"

Group room rate- \$110.00 per room/ per night/ plus 11% tax

Last Day to reserve your room at the discount group room rate will be: December 29, 2023 by 11:00 am EST.

Booking Link

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ANDSCHX&groupCode=CHHCHS&arrivaldate=2024-01-12&departuredate=2024-01-14&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Hampton Inn by Hilton Alliance/Anderson, 411 Alliance Business Parkway, Anderson, SC 29621

Reservation number: 864-760-1000 ext "0"

Group room rate- \$110.00 per room/ per night/ plus 11% tax

Last Day to reserve your room at the discount group room rate will be: December 29, 2023 by 11:00 am EST.

Individual cancellation: 48 hours prior to arrival to avoid one night's room and tax charge at the agreed group room rate.

Group cancellation (8) or more rooms- 7 day cancellation prior to arrival to avoid one night's room and tax on all rooms at the agreed group room rate.

Booking

Link: <https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ANDNOHX&groupCode=CHHCHS&arrivaldate=2024-01-12&departuredate=2024-01-14&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Holiday Inn Anderson, 3509 Clemson Blvd, Anderson, SC 29621

Reservation number: 864-226-1000

The Clemson High School Invitational

January 12, 2024, to January 14, 2024

Group room rate- \$120.00 per room/ per night/ plus 11% tax

Last Day to reserve your room at the discount group room rate will be: December 29, 2023 by 11:00 am EST.

Individual cancellation: 48 hours prior to arrival to avoid one night's room and tax charge at the agreed group room rate.

Group cancellation (8) or more rooms- 7 day cancellation prior to arrival to avoid one night's room and tax on all rooms at the agreed group room rate.

Booking

Link: <https://www.holidayinn.com/redirect?path=rates&brandCode=HI&localeCode=en®ionCode=1&hotelCode=ANDCT&checkInDate=12&checkInMonthYear=002024&checkOutDate=15&checkOutMonthYear=002024&PMID=99801505&GPC=CHI&cn=no&viewfullsite=true>



EVENT SCHEDULE January 14, 2024

All Running events will start at the designated time listed. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event. All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event Official – ONLY** – at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

***IF THERE ARE ONLY ENOUGH PARTICIPANTS FOR ONE HEAT AFTER SEEDING THAT HEAT WILL BE AUTOMATICALLY MOVED TO THE FINALS.**

Running Event Schedule All Timed Finals

Time	Rolling Schedule
10:00AM	
	60 Meter Hurdle Prelims – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys Prelims
	60 Meter Dash – Starting with 13-14 Year Old Girls – 17-18 Year Old Boys – Prelims
	3000 Meter Run – All Age Groups Combined
	60 Meter Hurdles – Starting with 13-14 Year Old Girls – 17-18 Year Old Boys Finals
	60 Meter Dash – Starting with 13-14 Year Old Girls - 17-18 Year Old Boys Finals
1:00PM	One Mile Run – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys
	4x200 Meter Relay – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys
	400 Meter Dash – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys
	800 Meter Run – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys
	200 Meter Dash – Starting with 13-14 Year Old Girls thru 17-18 Year Old Boys
	4x400 Meter Relay – Timed Final – Starting with 13-14 Year Old Girls – 17/18 Year Old Boys



*Field Events for 13–14-year-olds will be contested with four jumps or throws
 Field Events for 15-18-year old will be 3 and a Final*

	Long Jump 1	Long Jump 2	High Jump 1	Shot Put 1		Pole Vault
Time	9:00am	9:00am	1:00pm	9:00am		10:00 am
	13-14G	13-14B	17-18G	14G / 14B 13G / 13B		All Girls
			17-18B	11:00am		1:00pm
	12:00pm	12:00pm	3:00pm	17-18B		All Boys
	17-18G	17-18B	15-16G	1:00pm		
			15-16B	17-18G		
	3:00pm	3:00pm	4:00pm	3:00pm		
	15-16G	15-16B	13-14G	15-16G/15-16B		
			13-14B			