

TENTATIVE SCHEDULE – POSTED January 27, 2022

2022 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

MULTI-EVENTS CHAMPIONSHIP DAY 1

Thursday, June 30, 2022

TIME	EVENT	DIVISION	RACE	ROUND
9:00 AM	DECATHLON	15-16 BOYS	100M, LJ, SP, HJ, 400M	DAY 1
	DECATHLON	17-18 MEN	100M, LJ, SP, HJ, 400M	DAY 1
9:15 AM	HEPTATHLON	15-16 GIRLS	100M HURDLES, HJ, SP, 200M	DAY 1
	HEPTATHLON	17-18 WOMEN	100M HURDLES, HJ, SP, 200M	DAY 1
9:30 AM	TRIATHLON	9-10 GIRLS	HJ, SP, 200M	F
9:45 AM	TRIATHLON	9-10 BOYS	HJ, SP, 400M	F

MULTI-EVENTS CHAMPIONSHIP DAY 2

Friday, July 01, 2022

TIME	EVENT	DIVISION	RACE	ROUND
8:00 AM	DECATHLON	15-16 BOYS	110M HURDLES, D, PV, JAV, 1500M	DAY 2
	DECATHLON	17-18 MEN	110M HURDLES, D, PV, JAV, 1500M	DAY 2
	HEPTATHLON	15-16 GIRLS	LJ, JAV, 800M	DAY 2
	HEPTATHLON	17-18 GIRLS	LJ, JAV, 800M	DAY 2
8:30 AM	PENTATHLON	13-14 GIRLS	100M HURDLES, SP, HJ, LJ, 800M	F
8:45 AM	PENTATHLON	13-14 BOYS	100M HURDLES, HJ, SP, LJ, 1500M	F
9:15 AM	PENTATHLON	11-12 GIRLS	80M HURDLES, SP, LJ, HJ, 800M	F
9:30 AM	PENTATHLON	11-12 BOYS	80M HURDLES, SP, HJ, LJ, 1500M	F

All events will be run in the order listed above. If there are changes, the revised event schedule will be given after the end of the Multi Athlete last event.

- The 15-16B and 17-18B Pole Vaulters starting height will be 8' and 8'6" respectively.
- All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.



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The order of events will be followed as closely as possible. Please arrive at the track and be ready to compete when your event is called. Please remember that the meet will be run on a **Timed Schedule**, and you should carefully plan for any potential conflict with each event. Meet management will not be held responsible for athletes missing their events.

Thursday, June 30, 2022

RUNNING EVENTS

TIME	EVENT	DIVISION	ROUND
8:00 AM	STEEPLECHASE	15-16 GIRLS/BOYS	F
8:00 AM	STEEPLECHASE	17-18 MEN/WOMEN	F
10:15 AM	1500M RACE WALK	9, 10, 11, 12 GIRLS/BOYS	F
2:30 PM	200M HURDLES	13-14 GIRLS/BOYS	F
3:00 PM	400M HURDLES	15-16, 17-18 GIRLS/YOUNG WOMEN	TF
	400M HURDLES	15-16, 17-18 BOYS/YOUNG MEN	TF
4:30 PM	4X800 RELAY	11-12, 13-14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
5:00 PM	3000M RACE WALK	13, 14, 15, 16 GIRLS/BOYS, 17-18 WOMEN/MEN	F

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
9:00 AM	TURBO JAVELIN	8 & UNDER, 9 GIRLS	F
10:30 AM		8 & UNDER, 9 BOYS	F
12:00		10 GIRLS, 10 BOYS	F
1:30 PM		11 GIRLS, 11 BOYS	F
3:00 PM		12 GIRLS, 12 BOYS	F
2:30 PM	POLE VAULT	13, 14, 15-16 BOYS, 17-18 MEN	F
3:30 PM	DISCUS	11, 12 GIRLS	F
4:00 PM	POLE VAULT	13, 14, 15-16 GIRLS, 17-18 WOMEN	F
4:30 PM	DISCUS	13, 14 GIRLS	F
5:30 PM	DISCUS	15-16 GIRLS, 17-18 WOMEN	



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Friday, July 01, 2022

RUNNING EVENT

TIME	EVENT	DIVISION	ROUND
10:30 AM	3000M RUN	11, 12, 13, 14, 15, 16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
2:30 PM	4X100M RELAY	ALL DIVISIONS	TF
3:15 PM	200M DASH	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	SF
5:00 PM	400M DASH	13, 14, 15, 16 GIRLS/BOYS, 17-18 WOMEN/MEN	SF

FIELD EVENT

	LONG JUMP		JAVELIN	TRIPLE JUMP	
	PIT A	PIT B		PIT A	PIT B
12:30 PM	8&U GIRLS	8&U BOYS	13-14 GIRLS		
2:00 PM	9 GIRLS	9 BOYS	15-16 GIRLS, 17-18 WOMEN		
3:30 PM	10 GIRLS	10 BOYS	13-14 BOYS		
5:00 PM			15-16 BOYS, 17-18 MEN	13, 14 GIRLS	13, 14 BOYS
6:30 PM				15-16 GIRLS	15-16 BOYS
7:30 PM				17-18 WOMEN	17-18 MEN



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2022 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

Saturday, July 02, 2022

RUNNING EVENTS

TIME	EVENT	DIVISION	ROUND
8:00 AM	1500M RUN	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	F
9:00 AM	100M DASH	ALL DIVISIONS	SF
11:30 AM	800M RUN	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
12:30 PM	80M HURDLES	11, 12 GIRLS/BOYS	SF
12:45 PM	100M HURDLES	13, 14, GIRLS/BOYS, 15-16 GIRLS, 17-18 WOMEN	SF
1:15 PM	110M HURDLES	15-16 BOYS, 17-18 MEN	SF
1:45 PM	400M RUN	8 & UNDER, 9, 10, 11, 12 GIRLS/BOYS	SF
2:30 PM			
4:00 PM	200M DASH	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	SF

FIELD EVENTS

	LONG JUMP		SHOT PUT	HIGH JUMP
	PIT A	PIT B		
8:30 AM	17-18 WOMEN	17-18 MEN	13 BOYS	11-12 GIRLS
9:30 AM			14 BOYS	
10:30 AM			11 BOYS	9-10 GIRLS
10:45 AM	15-16 GIRLS	15-16 BOYS		
11:30 AM			12 BOYS	
12:30 PM	14 GIRLS	14 BOYS	9-10 BOYS	15-16 GIRLS
1:30 PM			8 & UNDER BOYS	
2:15 PM	13 GIRLS	13 GIRLS	15-16 BOYS	17-18 WOMEN
3:45 PM	12 GIRLS	12 BOYS	17-18 MEN	13-14 GIRLS
5:00 PM	11 GIRLS	11 BOYS		



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2022 AAU REGIONAL 8 QUALIFIER MEET SCHEDULE

Sunday, July 03, 2022

RUNNING EVENTS

TIME	EVENT	DIVISION	ROUND
8:00 AM	1500M RUN	13, 14, 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F
9:00 AM	100M	ALL DIVISIONS	F
9:45 AM	800M	8 & UNDER, 9 ,10, 11, 12 GIRLS BOYS	F
10:45 AM	80M HURDLES	11, 12 GIRLS/BOYS	F
11:00 AM	100M HURDLES	13-14 GIRLS/BOYS, 15-16 GIRLS, 17-18 WOMEN	F
11:30 AM	110M HURDLES	15-16 BOYS, 17-18 MEN	F
12:00 PM	400M	ALL DIVISIONS	F
1:30 PM	200M	ALL DIVISIONS	F
2:30 PM	4 X 400M RELAY	9-10, 11-12, 13-14 15-16 GIRLS/BOYS, 17-18 WOMEN/MEN	F

FIELD EVENTS

TIME	HIGH JUMP	SHOT PUT	DISCUS
9:00 AM	9, 10 BOYS	8 & UNDER GIRLS	11 BOYS
10:00 AM		9, 10 GIRLS	12 BOYS
10:30 AM	11 BOYS		
11:00 AM		11 GIRLS	
11:30 AM	12 BOYS		13-14 BOYS
12:00 PM		12 GIRLS	
12:30 PM	13-14 BOYS		
1:00 PM		13 GIRLS	
1:30 PM	15-16 BOYS		15-16 BOYS
2:00 PM		14 GIRLS	
2:30 PM	17-18 MEN		
3:00 PM		15-16 GIRLS	17-18 MEN
4:00 PM		17-18 WOMEN	

