

The 2022 Galleria Games

Saturday, December 17th, 2022

Birmingham, AL CrossPlex

Hosted by Hoover HS Track Booster Club

Facility & Admission 6 lane hydraulic banked track. 8 lane straightaway. Timing will be FAT. Admission will be \$10 for adults and \$5 for 65 & older. Students and children are free. Tickets can be purchased at gofan.co (<https://gofan.co/app/school/AL1076>) Cash will be accepted also.

Equipment Starting Blocks and shots will be provided—leave yours at home.
You may bring your own weight throw implements. We will have one available if needed.

Entries & Registration 12 & under may enter up to 3 events. 13 & over may enter 4 events.
Registration will be online at coachO.com. Go to the meet calendar and find this meet.

Entry Fee Entry will be \$30/athlete. Pentathlon will be \$50/athlete.
All payments should be made on-line at the time of registration.

Entry Deadline **Thursday, December 15th, 11:59 pm CST.** No entries will be taken after that time!

Sanctioning This meet will be USATF sanctioned.

Age Groups 8 & under; 9-10; 11-12; 13-14; 15-16; 17-18; 19 & over

Clerking / Scratches There will be no additions at the meet. **Athletes will report to the starting line or clerking area when called.** There will be no bib numbers.

Awards There will be no team scores or team awards. Medals will be awarded to the top 3 individuals/event/division. **19 & over will not receive any awards.**

Prelims There will be no prelims. All events are finals on time.

Field Events Each jumper/thrower will have 3 attempts with no finals. All attempts will be measured.

Age group events	8 & under	9-10	11-12
	60 dash	60 dash	60 dash
	200	200	200
	400	400	400
	800	800	800
	LJ	LJ	LJ
	SP	SP	SP
	13-14	15-16, 17-18	19 & over
	60 hurdles (30" & 33")	60 hurdles (33" & 39")	60 hurdles
	60 dash	60 dash	60 dash
	200	200	200
	400	400	400
	800	800	800
	pentathlon	800	pentathlon
	HJ	pentathlon	HJ
	LJ	HJ	LJ
	SP	LJ	SP
	HJ	SP	HJ
	TJ	HJ	TJ
	PV	TJ	PV
		PV	WT
		WT	

Contact Meet Director: Devon Hind (Cell)205-807-9144 coachdevonhind@gmail.com

Schedule of Events

Pentathlon (All age groups will compete at the same time beginning in the morning)

8:30ish Hurdles to begin after the morning session 800 (warm ups available after 7:00)

Women high jump after the morning session dashes

Men high jump after the mid-day session dashes

Long jump and shot put will work in when pits are available

800 and 1000 will race approximately 30 minutes after field events conclude

women's order of events—hurdles, HJ, SP, LJ, 800

men's order of events—hurdles, LJ, SP, HJ, 1000

Morning session (8 & under, 9/10, 11/12)--approximately 20% of athletes last year

8:00-10:30

800

60 hurdles--11/12 only

60 dash

400

200

8:00 Long jump (11-12, 9-10, 8 & under) Girls on one pit, boys on another pit

8:00 Shot put (8 & under, 9-10, 11-12) Girls first, then boys

Mid-day session (13/14, 15/16)--approximately 20% athletes last year

10:30-1:30

60 hurdles

60 dash

400

200

800

10:30 Shot put 13/14, 15/16, girls first then boys, 15/16 weight throw to follow

11:00 Long jump 13/14, 15/16, boys and girls on separate pits at same time

Triple jump to immediately follow long jump completion

11:00 Pole vault 13/14, 15/16 compete at same time (boys and girls pits-separate pits)

Opening heights--6'6" girls; 8' boys

High jump to start at the conclusion of the dashes (both divisions competing at the same time)
(starting height TBD)

Late afternoon session (17/18, 19 & over)--approximately 53% of athletes last year

(We will do our best to give some rest between events)

1:30 to 5:30ish

60 hurdles

60 dash

400

200

800

1:30 Shot put--girls first, then boys; followed immediately by Weight Throw

2:30 Long jump--boys and girls on separate pits; triple jump immediately follows

2:30 Pole Vault--(boys and girls pits-separate pits) Opening heights--8' girls; 10' boys

High jump to start at the conclusion of the dashes (both divisions competing at the same time)
(starting height TBD)

Additional IMPORTANT information:

**¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼” spikes will be available for purchase for \$5 per pair of shoes at the spike check-in area.

Only athletes/coaches are allowed in the warm-up area. **No team camps in the warm-up area.

**We will have 2 pole vault pits & 2 long/triple jump pits going at the same time.

**Concessions & T-shirts will be available for purchase.

**The City of B’ham charges \$5 for parking at all events at The CrossPlex. 1100 spaces are available on site. CrossPlex parking in the shopping center lot will get your car towed. Police/staff tend the parking lot areas.

**Admission to the Crossplex is \$10 per adult; \$5 for 65 & over; students free

**Coaches can get in free with a valid coaching card (AAU, USATF or School coaching cards accepted)

****This is not an AHSAA sanctioned event. Alabama MS & HS athletes may compete unattached without penalty according to AHSAA rules. (2 non-sanctioned events allowed per season with permission from your coach) In-state & Out-of-state Track Clubs are allowed to participate.**

LOCATION: The CrossPlex is located in Birmingham, Alabama at 2331 Bessemer Road, 35208

Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.

Coach’s bands will only be given to those coaches with AAU, USATF or school coaching cards. Coaches MUST be able to show proof of this by showing their card or having their coaching identification on their phone. Please come prepared for this.